

Health Care Disparities and Populations Experiencing Homelessness

Health Care Disparities Forum

February 9, 2023

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Introduction

ARIZONA

Arizona has one of the worst homelessness crises in the nation, federal data shows

While nationwide homelessness rates remained almost unchanged between 2020 and 2022, Arizona saw a 23% increase in its unhoused population.

Juliette Rihl Arizona Republic

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Less than 1%

Increase in the **national** homeless population in 2022.



23%

Increase in **Arizona's** homeless population in 2022.

The majority of people experiencing homelessness in Arizona in 2022 were unsheltered

Of the more than 13,000 people experiencing homelessness in Arizona, most were unsheltered, meaning they were living on the street, in a car or in another place not meant for sleeping.

40.8%

59.2%

Source: The U.S. Department of Housing and Urban Development.

Date of PIT Count: 2/22/2022

Population: Sheltered and Unsheltered Count

Total Households and Persons

	Sheltered			Unsheltered	Total
	Emergency	Transitional	Safe Haven		
Total Number of Households	305	138	13	1,400	1,856
Total Number of Persons	397	168	13	1,649	2,227
Number of Children (under age 18)	71	21	0	140	232
Number of Persons (18 to 24)	18	34	0	173	225
Number of Persons (over age 24)	308	113	13	1336	1,770



Health and Homelessness

Poor health can be a precipitating factor leading to homelessness

- Missing work can lead to loss of employment, which is often associated with health insurance coverage and stable income

Exacerbation of chronic conditions

- Lack of ability to purchase and store medications, difficulty maintaining a healthy and nutritious diet, barriers to accessing medical care and mental health support

Health and Homelessness

Increased rates of communicable diseases

- Higher rates of HIV, HCV, TB

A lack of shelter is a barrier to healing and recovery

- Frequent ED visits, hospital readmissions, poor health outcomes

Health Conditions Among the Homeless Population in Comparison to the General US Population



HOMELESS

HOUSED

← VERSUS →



18%

Diabetes

9%

50%

Hypertension

29%

35%

Heart Attack

17%

20%

HIV

1%

36%

Hepatitis C

1%

49%

Depression

8%

58%

Substance Use Disorders

16%

Source: Health Center Patient Survey (HCPS) 2009

Simply being without a home is a dangerous health condition

People who are homeless have higher rates of illness and die on average 12 years sooner than the general U.S. population.



Videos

Close to Home: Street Medicine



<https://www.wlvt.org/television/close-to-home/street-medicine/>

Street Medicine: Oakland



https://www.youtube.com/watch?v=T_7NDlt7o5g&ab_channel=InvisiblePeople

Discussion

Please take 5 minutes to discuss the following:

- Which parts of the video (comments, settings, situations) resonated the most with you?
- Can you identify some barriers that people experiencing homelessness or that the Street Medicine team experienced in this video?
- What actions or ambitions does this video inspire?

Resources for Healthcare Providers

Commitment to Underserved People (CUP) Clinics

- Coordinated by UA COM-T medical students
- Supervised by volunteer attending physicians
- Preventive care, primary care, referrals, immunizations, psychiatric evaluations and diagnostic tests to patients who have no other source of healthcare
- Provides students the opportunity to enhance their clinical and teaching skills by working with medically underserved populations.



COLLEGE OF MEDICINE TUCSON

CUP

Commitment to Underserved People

Women's Health
Women's Health

Women's Clinic

3 Wednesdays a month.

3 Wednesdays a month.

6:00-9:00 PM

READ MORE | LEE MAS

Family Medicine
Medicina Familiar

Shubitz Family Clinic

Every Tuesday

Cada Martes

READ MORE | LEE MAS

Children's Health
Pediatria

Kid's Clinic

Every 1st Saturday & 3rd Thursday

Cada segundo sábado del mes

READ MORE | LEE MAS

LGBTQ+ Health

LGBTQ+ Health

LGBT+ CUP Clinic

Second Thursday of every month

5:30-9:30pm

Second Thursday of every month

5:30-9:30pm

5:30 - 9:30 pm

READ MORE | LEE MAS

Mental Health
Salud Mental

MIND Clinic

Every Monday

Cada Lunes

6:00-9:00 PM

READ MORE | LEE MAS

Asylum Clinic

READ MORE | LEE MAS

Integrative Medicine
La Clínica de Medicina Integral
CUP (IMCUP)

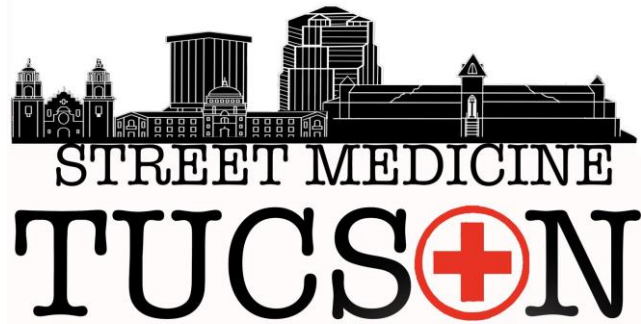
Integrative Medicine CUP Clinic

First Thursday of every month

El primer jueves de cada mes

6:00- 9:00 PM

READ MORE | LEE MAS



Z-MANSION

Every Sunday, our members volunteer and team up with Z-Mansion, owned by Reverend Thomas Langdon Hill. Hill oversees a medical facility and resting area for the homeless within Z-Mansion, both of which we volunteer in. Additionally, every third week of the month our members complete Certified Community Health Specialist trainings. After attending 10 trainings, they are awarded with a CCHS title.

MISSION:
To coordinate outreach in the community to provide basic medical care and health education to individuals experiencing homelessness in Tucson while simultaneously providing undergraduate students with hands-on experience.



Sommer Aldulaimi, MD, FFAFP



Susan K. Hadley, MD



COMMUNITY RIDE-ALONGS

We collect food, clothing and basic hygiene and health amenities and compile them into care packages. Then, one Saturday morning a month, our members go out to homeless population clusters within Tucson and hand them out while also interacting with those individuals.

Federally Qualified Health Centers in Pima County

Federally Qualified Health Centers in Pima County

Sahuarita Wellness Center 350 West Sahuarita Road Sahuarita, AZ 85629 (520) 625-3502	Desert Senita Community Health Center 410 Malacate Street Ajo, AZ 85321 (520) 387-5651 http://desertsenita.org/	Altar Valley Health & Wellness Center—Robles Elementary 9875 South Sasabe Road Tucson, AZ 85736 (520) 822-9418
Continental Pediatrics 1150 Whitehouse Canyon Road Green Valley, AZ 85614 (520) 625-4401	Altar Valley Health & Wellness Center—Middle School 16350 West Ajo Way Tucson, AZ 85736 (520) 822-9343	Sycamore Wellness Center 16701 South Houghton Road Vail, AZ 85641 (520) 879-3527

El Rio Health Centers

El Rio Special Immunology Clinic 1701 West Saint Mary's Road, Suite 140, 160 Tucson, AZ 85745 (520) 741-8818 http://www.elrio.org/locations/special-immunology-associates-sia/	El Rio Congress Health Center 839 West Congress Street Tucson, AZ 85745 (520) 792-9890 http://www.elrio.org/locations/congress-clinic/	El Pueblo Health Center 101 West Irvington, Suite 10 Tucson, AZ 85714 (520) 792-9890 http://www.elrio.org/locations/el-pueblo/
El Rio Southwest Health Center 1500 West Commerce Court Bldg. 1 Tucson, AZ 85746 (520) 746-8888 http://www.elrio.org/locations/southwest-internal-medicine-clinic/	Birth and Women's Health Center 5979 East Grant Road, Suite 107 Tucson, AZ 85712 (520) 795-9934 http://www.elrio.org/locations/birth-womens-health-center/	El Rio Broadway Clinic 1101 East Broadway Tucson, AZ 85711 (520) 792-3293 http://www.elrio.org/locations/broadway-clinic/
El Rio OB/GYN Associates 225 West Irvington Tucson, AZ 85714 (520) 792-9890 http://www.elrio.org/locations/el-rio-obgyn-associates/	El Rio Northwest Health Center 320 West Prince Road Tucson, AZ 85705 (520) 792-9890 http://www.elrio.org/locations/northwest-medical-clinic/	El Rio Community Health Center—Southeast 6950 East Golf Links Road Tucson, AZ 85730 (520) 792-9890 http://www.elrio.org/locations/southeast-clinic/



Marana Health Centers

Marana Health Center, Inc. 13395 North Marana Main Marana, AZ 85653 (520) 682-4111 http://maranahealthcenter.org/locations	Santa Catalina Health Center 15631 North Oracle Road, Suite 141 Tucson, AZ 85739 (520) 825-6763 http://maranahealthcenter.org/locations	Ortiz Community Health Center 12635 West Rudasill Road Tucson, AZ 85743 (520) 682-3777 http://maranahealthcenter.org/locations
Freedom Park Health Center 5000 East 29th Street Tucson, AZ 85711 (520) 790-8500 http://maranahealthcenter.org/locations	Flowing Wells Family Health Center 1323 West Prince Road Tucson, AZ 85705 (520) 887-0800 http://maranahealthcenter.org/locations	Marana Health Center—OB/GYN—Northwest Office 2055 West Hospital Drive, Suite 115 Tucson, AZ 85704 (520) 797-0011 http://maranahealthcenter.org/locations/
Clinica del Alma 3690 South Park Avenue, Suite 805 Tucson, AZ 85713 (520) 616-6760 http://maranahealthcenter.org/locations	West Side Health Center 2202 West Anklam Road Tucson, AZ 85709 (520) 616-6790 http://maranahealthcenter.org/locations/	MHC Primary Care 2355 North Wyatt Drive, Suite 101 Tucson, AZ 85712 (520) 616-4948 http://maranahealthcenter.org/locations
Wilmot Family Health Center 899 North Wilmot Road Tucson, AZ 85711 (520) 290-1100 http://maranahealthcenter.org/locations	Pima Partnership Health Center 1346 North Stone Avenue Tucson, AZ 85705 (520) 616-4944 http://maranahealthcenter.org/locations	Ellie Towne Health Center 1670 W. Ruthrauff Rd. Tucson, AZ 85705 (520) 616-6797 http://maranahealthcenter.org/locations

United Community Health Centers

Three Points Clinic 15921 West Ajo Way Tucson, AZ 85735 (520) 407-5700 http://uchcaz.org/three-points-az-clinic	Arivaca Clinic 17388 West 3rd Street Arivaca, AZ 85601 (520) 407-5500 http://uchcaz.org/clinics/arivaca-clinic	Continental Family Medical Center 1260 South Campbell Avenue Green Valley, AZ 85614 (520) 625-8504 http://uchcaz.org/clinics/green-valley/family-medical-practice-green-valley
Old Vail Middle School 13299 E. Colossal Cave Road Vail, AZ 85641 (520) 762-5200 http://uchcaz.org/clinics/old-vail-middle-school	United Community Health Center at Presidio Pointe 275 West Continental Road, Suite 141 Green Valley, AZ 85614 (520) 407-5604 http://uchcaz.org/	United Community Health Center 1991 East Whitehouse Canyon Road Green Valley, AZ 85614 (520) 625-8504 http://uchcaz.org/
United Community Health Center at Sahuarita Heights 2875 East Sahuarita Road Sahuarita, AZ 85629 (520) 576-5770 http://uchcaz.org/sahuarita-heights		

Shelters for Women and Children

Gospel Rescue Mission
520-740-1501 Ext. 7101
707 W. Miracle Mile

Emerge! (24 Hrs.)
888-428-0101

[Sister Jose's House](#)
520-909-3905
1050 S. Park Ave.


Primavera Foundation–Casa Paloma Women's Hospitality Center
520-882-0820

[Our Family Services Program](#)
520-323-1708, Ext. 103
3830 E. Bellevue Street

[Casa de los Niños Family Center](#)
520-624-5600
1120 N. Fifth Avenue



Shelters for Both Men & Women

[The Salvation Army Hospitality House](#) 
520-622-5411
1002 N. Main Ave
Tucson, AZ 85705
Hours: Monday - Friday, 8am to 4:30pm

Shelters for Men

[Gospel Rescue Mission](#)
520-740-1501 Ext. 7215
312 W. 28th St.

[Gospel Rescue Mission at The Center of Opportunity](#)
520-740-1501
4550 S. Palo Verde Road
(also takes women and children)

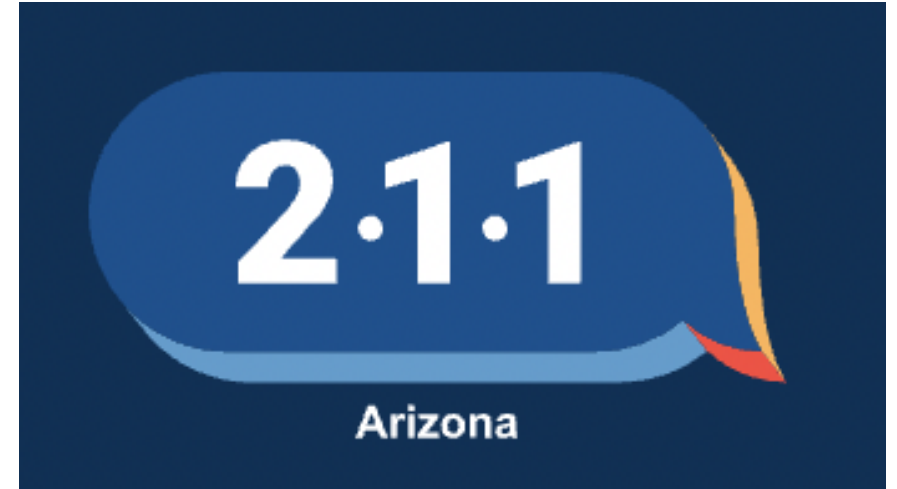
[Primavera Shelter](#)
520-623-4300
200 E. Benson Highway

[Poverello House](#)
520-624-0589
Daytime hospitality for homeless men.

Homeless/Shelterless Support

Arizona Information and Referral Service

- Information and referral to community resources
 - rental assistance, shelter, legal services, transportation, food, childcare, treatment services, and other needs
- Dial 2-1-1 from any Arizona phone number or visit www.211arizona.org.
- Live-operator service available 24/7
 - English and Spanish
 - Available in other languages via real-time interpreter services.



Pima County



Search here by the type of assistance you're seeking



Aging and Disability Services



COVID-19



Disaster Services



Donors and Volunteers



Food



Government and Tribal Services



Health Care and Mental Health



Housing and Shelter



Income and Expenses



Legal and Criminal Justice



Pets and Animals



Rent and Utility Assistance



Veterans and Military



Youth and Family Services

Mental Health Resources



Search the

Catalog

by

Keyword



Advanced Search

Browse

E-Library

Download & Stream

Homework

En español

Events

Catalog

The Librarian Files

Categories

[Directories & References](#)

[Health & Medicine](#)

Free and Low-cost Mental Health Resources

Resources and agencies that provide general health services [can be found here](#).

City of Tucson Resource Line

Phone: (520) 791-2540

The resource line is for those experiencing or at risk of homelessness to get connected to resources for medical, mental health, meals, outreach, and other resources offered in our community.

[Alcoholics Anonymous](#)

(520) 624-4183
24/7

Connects callers to AA meeting information. Free.

[Arizona's Children Association](#)

3716 E. Columbia St.
(520) 622-7611
(520) 327-7122 ext. 1965

Provides behavioral health services including counseling, case management, intake assessment and skills training for children and families. ACA's Las Familias Program specializes

<https://www.library.pima.gov/content/free-and-low-cost-mental-health-resources/>

MENTAL HEALTH RESOURCES



Agency Name & Address	Phone Number	Services Provided	Eligibility	Restrictions	Cost			
Arizona's Children Association 2700 S. 8 th Ave. Tucson, AZ 85713 www.arizonaschildren.org	Phone: (520) 622-7611	Provides intensive, short term, in-home, or in-office therapy for families and children troubled w/behavioral disorders. Includes problems w/violence, sexual abuse, learning disabilities, severe emotional problems.	Children w/behavioral disorders including substance abuse.	None.	None.			
Behavioral Awareness Center 2002 W. Anklam Rd. Tucson, AZ 85745 www.bacmethadone.com	Phone: (520) 629-9126 or 1-866-629-9126 Emergency: (520) 971-5671 (after hour emergencies, contact 911)	Provides low-cost behavior consisting of counseling and holistically address the physical and spiritual healing of adult families. Includes mental health substance abuse treatment services.						
Casa de Vida Residential Treatment (at La Frontera) 1900 W. Speedway Blvd. Tucson, AZ 85745 www.lafrontera.org	Call for intake: (520) 792-0591, (520) 884-9920	Residential substance abuse center for 6-9 months. Counselors provide life skills, job education, after school activities. Also have a methadone treatment center.						
CODAC Behavioral Health (Several locations in Pima Co.) www.codac.org	(520) 327-4505 (general information) Las Amigas (520) 882-5898 Methadone (520) 202-1786 Safety Zone (520) 202-1950	Various counseling groups and therapy for substance abuse. Services consist of recovery, anger management, drug education, and relapse prevention. Also an after hours drop in for CODAC Members to receive support.						
Compass Health Care 2475 N. Jackrabbit Ave. Tucson, AZ 85745 infochc@compasshc.org www.compasshc.org	Phone: (520) 882-5608	Provides programs for all ages. Counseling services for children and adults. CAST (clean and sober) acting company comprised of individuals in recovery from substance abuse who suffer from a family member with substance abuse.						
			COPE Behavioral Health Services 82 S. Stone Avenue Tucson, AZ 85701 www.copebhs.com/	Phone: (520)792-3293 or (520) 205-4732	Outpatient and residential Services are available to assist adults with serious mental illness, general mental health, and/or substance abuse issues to achieve their highest level of functioning. Health promotion and recovery support.	Intake process.	Call for more information.	AHCCCS, sliding scale if other insurance, financial specialist assist with eligibility.
			Gospel Rescue Mission Bethany House Women's and Children's Center 1130 W. Miracle Mile Tucson, AZ 85705 www.grmtucson.com/	Phone: (520) 740-1501	Meals, shelter, clothing, showers, personal care items, case management, chapel services, spiritual counseling. Women can stay for up to 4 days, but also have an extended shelter program for up to 90 days for women and children.	Call for more information.	Boys over 14 not able to go. Men in a different location from women.	Women have to call in and be screened over the phone and then make appointment for intake. Free.
			Jewish Family & Children's Services of Southern Arizona 4301 E. 5 th St. Tucson, AZ 85711 jfcsinfo@jfcstucson.org www.jfcstucson.org	Phone: (520) 795-0300 Fax: (520) 795-8206	DUI Education and counseling provides comprehensive overview of current substance abuse issues and education to help individuals identify and prevent risk-taking or negative outcomes. Also provides information and referrals.	Call for intake. Adults w/problems w/substance abuse. Accepts court mandated & self referral.	English.	\$20.00 per group.
			The Haven 2601 N. Campbell Ave., Ste. 110 Tucson, AZ 85719 www.thehaventucson.org	Phone: (520) 623-4590	Residential treatment center w/therapy, relapse prevention, living skills, and career development, family education, program for mothers and children, DUI classes, transitional assistance.	Women w/substance abuse problems - call for intake.	Women only.	Fixed.
			Mother's Oasis (at CODAC) 1067 E. Silverlake Rd. Tucson, AZ 85713	Phone: (520) 202-1987	Provides free services to pregnant and postpartum mothers experiencing difficulties including anxiety and	Pregnant and Postpartum Women, Men	Women and men.	Call for more information.



Sliding Fee Schedule Clinics

ADHS Home / Geographic Information System (GIS) Applications

Legend

Sliding Fee Scale Clinics

- Mental Health
- Primary Care
- Primary Care, Dental, Mental Health
- Primary Care, Mental Health
- Primary Care, Dental
- Dental

Sliding Fee Schedule Clinics

Use the options below to find a sliding fee schedule clinic near you.

To see which locations offer telehealth and/or dental services, first enter your address, then click on 'Select filters to apply'. Select the filter(s), then click on the up arrow (^) to see the results.

Search for an address



Show results within (Miles)

20



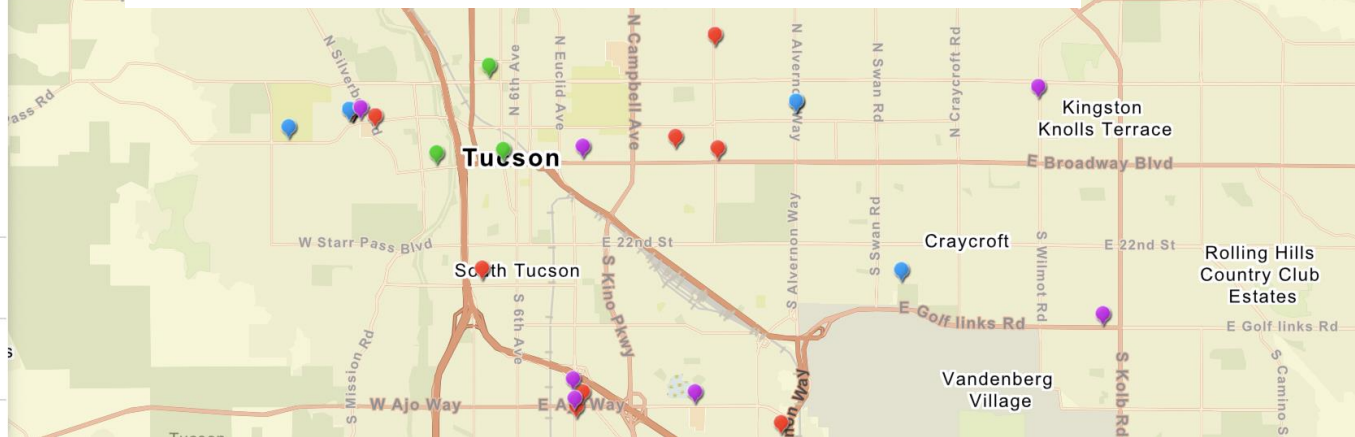
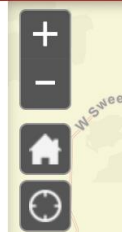
Select filters to apply



Telehealth Option



Dental Providers



Full Screen





Female Services

- Women and individuals who are within age and capable of having children are eligible for services
- Teens are welcome

At Family Planning, women can get:

- Birth control methods – Birth Control Pills, Intrauterine Device (IUD), Depo Provera Shot (DEPO), Implants, Condoms, Ring and Cycle Beads (Natural Family Planning)
- Emergency contraceptive pills – Emergency contraceptive pills (ECPs), also known as the morning after pill, are available at our offices. If taken within 72 – 120 hours of unprotected sex (a condom breaks, pills are forgotten), they can greatly reduce the risk of pregnancy.
- Pregnancy testing and counseling
- Breast exams – If abnormalities are detected, referrals are given to the Well Woman HealthCheck program.
- Examinations – Pelvic and/or pap tests as needed.
- Abnormal Pap smear treatment – If the results of your Pap Smear are abnormal, we will refer you to their Colposcopy Clinic or suggest a treatment plan according to your needs.
- STI Screening and Treatment - Remember, many STIs have no symptoms.
- Counseling and education - We want to give you all the information you need to make educated and healthy choices in planning a family.

Note that registration may close 30-90 minutes ahead of closing due to high patient demand.

Clinics:
Theresa Lee Public Health Center
1493 W. Commerce Ct.
(520) 724-7900
[click here for hours](#)

North Clinic
3550 N. First Ave.
(520) 724-2880
[click here for hours](#)

Well Woman HealthCheck

The [Well Woman HealthCheck Program](#) (WWHP) is a free breast and cervical cancer screening and diagnostic program for uninsured or underinsured women in Arizona.

To increase women's access to and utilization of quality screening and diagnostic services to decrease morbidity and mortality from breast and cervical cancer among women who are at risk due to age, medical conditions, income or inadequate access to medical care.

- [Do I qualify? Requirements](#)

WWHP
1493 W. Commerce Ct.
Tucson, AZ 85746
(520) 724-7900



Services provided:

- Mammogram
- Clinical breast exam
- Pap test and pelvic exam
- HPV testing
- Colposcopy, cryosurgery and LEEP
- Fine needle aspiration
- Biopsy
- Case management
- Referral for treatment, if needed
- Translation

Visit www.wellwomanhealthcheck.org or call (520) 724-3964 for more information.





ARIZONA DEPARTMENT OF HEALTH SERVICES

Health and Wellness for All Arizonans

Well Woman HealthCheck Program - Eligibility

To qualify for the Well Woman HealthCheck Program, you must:

- Be a woman
- Be a resident of Arizona
- Be uninsured or underinsured (have insurance that does not cover the services offered by the WWHP or have a co-pay of \$100 or more for breast and cervical cancer screening and/or diagnostic services)
- Not have Medicare Part B
- Not be enrolled in the Arizona Health Care Cost Containment System (AHCCCS), which is Arizona's Medicaid program.
- For *breast cancer screening*, be 40 - 64 years old (or any age 21 and over if you have symptoms, such as pain, a lump, nipple discharge, an inverted nipple, etc.) and not recently diagnosed with breast cancer
- For *cervical cancer screening*, be 21 - 64 years old and not recently diagnosed with cervical cancer
- Not exceed the household income guidelines described below.



Child Care Assistance



Arizona Department of Economic Security
Your Partner for a Stronger Arizona



The Division of Child Care offers childcare assistance for:

- Low-income working families
- Teen parents enrolled in high school, GED, ESOL, or remedial education programs
- Residents of homeless or domestic violence shelters
- Individuals who are unable to care for their children due to a physical, mental or emotional condition
- Individuals who are unavailable to care for their children due to participation in court-ordered community service or participation in a drug treatment program
- Individuals who are currently receiving full time DES child care assistance

Eviction Prevention Program

[Are You/ Is Your Tenant Eligible?](#) [Apply](#) [FAQs](#) [Tenant Info](#) [Landlord Updates](#) [Utility Support](#) [Facing Eviction?](#) [Program History](#)



Tucson and Pima County Eviction Prevention/Rental Assistance and Utility Relief Program

(Online Application Portal Below)





Assistance through Pima County

Contact the [Pima County Community Action Agency](#) at 520-724-2505 for utility assistance (Hours: Monday-Friday, 8:00am - 5:00pm).

You can also contact one of these Pima County Emergency Services Network agencies:

- [Interfaith Community Services](#)
520-297-6049 -- 9 a.m.-1 p.m., Monday-Thursday
- [Chicanos Por La Causa](#)
520-882-0018 -- 8 a.m.-5 p.m., weekdays
- [Portable, Practical Educational Preparation, Inc.](#)
520-770-2506 -- 1 p.m.-4 p.m., weekdays
- [Salvation Army](#)
520-795-9671 -- 8-30 a.m.-noon; 1 p.m.-4 p.m., Mondays
- [Primavera Foundation](#)
520-395-6420
- Ajo (Ariz.), ONLY: [International Sonoran Desert Alliance](#)
520-387-3570 -- 9 a.m.-4 p.m., weekdays

Eligibility:

- You live in Pima County, including the City of Tucson
- You are seeking assistance for gas, water and/or electric bills
- Eligibility is based on household size and gross income. Income requirements may differ according to assistance programs.



Food Pantries, Meal Sites, and Emergency Grocery Services in Pima County



Meals and food services, especially for individuals experiencing homelessness. Because services change, contact the providers for the most current information.

<https://www.library.pima.gov/content/food-pantries-meal-sites-and-emergency-grocery-services-in-pima-county/>



Comments?
Questions?



Feb 9th Post HCD Forum Survey

Please take the next few minutes to complete



Next HCD Forum is Thursday, April 13, 2023 from 1PM-3PM